

Buddhism Course Outline

Subject: Buddhism, Life Solution 2
Times: 1 period per week

Code: Soc 33205
20 periods per semester

Level: M.6
Unit: 0.5

Unit	Contents	Expected learning outcome(s)	Assessment	Number of periods
1	<p><u>The history and significance of Buddhism</u></p> <p>1. Buddhism is as a science of education.</p> <p>2. Buddhism emphasizes on the relation of causal condition and methodology to solve the problems.</p> <p>3. Buddhism teaches one to be careful and its aims are to create the benefits, peace for people, society and the world.</p>	<p>1. To know, understand and realize significance of Buddhism as a science of education, which focuses on the relation of cause and factor and the way to solve the problems.</p> <p>Buddhism teaches one to be careful and it aims at creating the benefits, peace for people, society and the world.</p>	<p>1. Worksheets</p> <p>2. Exercise</p> <p>3. Discussions</p> <p>4. Tests</p> <p>5. Assignments</p>	3
2	<p><u>The Buddhist doctrines</u></p> <p><i>1. The Triple Gem</i></p> <p>1.1 The meaning and the value of the Sangha.</p> <p><i>2. The four noble truths:</i> 2.1 Dhukkha, suffering (the Dhamma that one should be acknowledged): the five aggregates of existence, a state of consciousness, mental states.</p> <p>2.2 Samudaya, the cause of suffering (the Dhamma that one should be eradicated): the law of Dhamma, the dependent origination, the five obstacles, the four attachments.</p> <p>2.3 Niroda, the cessation of suffering (the Dhamma that one should be attained): the supreme goal of Buddhism.</p> <p>2.4 Magga, the path leading to the end of suffering (the Dhamma that one should be cultivated): the three supremacies, the six virtues</p>	<p>1. To be able to analyze the meaning and value of the Triple Gem and realize the value of the Sangha.</p> <p>2. To know, understand and be able to describe Dhamma that is related to the four noble truths: the five aggregates of existence, a state of consciousness, mental states, the law of Dhamma, the dependent origination, the five obstacles, the four attachments, the supreme goal of Buddhism, the three supremacies, the six virtues for fraternal living, the tenfold virtue of the king and the nine insight meditations.</p> <p>3. To be able to explain meaning of the given following Buddhist proverbs and apply them in daily life.</p> <p>4. To analyze and realize the importance and value of the Tipitaka.</p> <p>5. To be able to explain the following Buddhist vocabularies.</p>	<p>1. Worksheets</p> <p>2. Exercise</p> <p>3. Discussions</p> <p>4. Tests</p> <p>5. Assignments</p> <p>6. Group working</p>	7

	<p>for fraternal living, the tenfold virtue of the king, the nine insight meditations.</p> <p>3. <i>The Buddhist proverbs</i> 3.1 Rājāmukhammanussānam (a king is chief of the people). 3.2 Sati lokasmijāgaro (mindfulness keeps a person awake).</p> <p>4. <i>The Tipitaka:</i></p> <p>4.1 The significance and value of Tipitaka.</p> <p>5. <i>Buddhist technical terms:</i></p> <p>5.1 Meditative attainment 5.2 Fruit of attainment 5.3 Extinction by attainment</p>			
3	<p><u>Mental and intellectual development</u></p> <p>1. Chanting and radiation of loving-kindness with translation.</p> <p>2. The way to practice and benefits of mental and intellectual development and cultivating the mind and wisdom according to the foundation of mindfulness.</p> <p>3. To apply the way to practice and developing the process of learning, quality of life and society.</p>	<p>1. To know, understand and be able to recite the chanting and radiation of loving-kindness with translation in the right way.</p> <p>2. To realize and appreciate the benefits of mental and intellectual development according to the foundation of mindfulness and apply it in daily life.</p>	<p>1. Observation 2. Exercise 3. Practice 4. Tests 5. Meditation</p>	2
4	<p><u>The history of male and female Buddhist followers</u></p> <p>The Example Buddhists:</p> <p>1. Ven. PhraĀnanda 2. Phrapatacārātheri 3. King Rama 4 4. Phrabodhiñānthera (JāSubhaddo).</p>	<p>1. To understand the history and virtues of male and female Buddhist disciples</p> <p>2. To appreciate and bring Buddhist disciple's virtues to put into practice in daily life.</p>	<p>1. Worksheets 2. Exercise 3. Discussion 4. Tests 5. Assignments</p>	2

5	<p><u>Buddhists' duties</u></p> <p>1. The role and duties of monks as Preacher, Buddhist missionary, Wandering Dhamma-preacher, Instructor, Meditation teacher and Developer.</p> <p>2. The roles and duties of male and female Buddhists in Thai society at the present day and the way to protect of Buddhism in Thai society.</p> <p>3. Buddhist Etiquette and proper performance towards Buddhist monks.</p> <p>4. Performance actions that are helpful to family, community, nation and the world.</p> <p>5. The appropriate actions towards monks in body, speech and mind.</p>	<p>1. To know, understand and analyze the role and duties of monks in the proper way.</p> <p>2. To know, understand, analyze the role and duties of male and female Buddhists in Thai society and behave oneself in the right way.</p> <p>3. Properly perform actions towards monks in body, speech and mind.</p> <p>4. To know, understand example Buddhist's history and virtue and apply them in daily life.</p>	<p>1. Worksheets</p> <p>2. Exercise</p> <p>3. Discussion</p> <p>4. Practice</p> <p>5. Tests</p> <p>6. Group working</p>	4
6	<p><u>Religious rites and rituals</u></p> <p>1. Meritorious action ceremony, donation ceremony and wholesome action ceremony.</p> <p>2. The value and benefit of religious ceremony.</p>	<p>1. To know, understand and be able to explain the meaning of meritorious action ceremony, donation ceremony and wholesome action ceremony in the proper way.</p> <p>2. To realize and appreciate the value and benefit of religious ceremony.</p>	<p>1. Worksheets</p> <p>2. Exercise</p> <p>3. Discussion</p> <p>4. Tests</p> <p>5. Assignments</p> <p>6. Role play</p>	2



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Unit	Contents	Expected learning outcome(s)	Assessment	Number of periods
1	<u>The history and significance of Buddhism</u> 1. Jātaka tales 1.1 Mahājanakajātaka 2. The Buddha's history in administration and maintaining Buddhism 3. Lord Buddha as the supremely trained one 4. Buddhism, solution and development 5. Buddhism and self-sufficient economy 6. Buddhism and sustainable development 7. Various religion in the world 7.1 History 7.2 Structure 7.3 Ultimate goal of life	1. To summarize and analyze the Buddha's history, studying about Mahājanakajātaka which is referred to Lord Buddha's past life 2. To know, understand and criticize the Buddha's history in management and maintaining Buddhism 3. To know, understand and criticize Lord Buddha as the supremely trained one 4. To know, understand and be able to discuss applying the Buddhist doctrines to solve the problems and social development viz. self-sufficient economy and sustainable development 5. To know, understand history, structure and ultimate goal of life of various religion in the world e.g. Christ, Islam and Hindu	1. Worksheet 2. Exercise 3. Discussion 4. Test 5. Assignment	4
2	<u>Dhamma in Buddhism</u> 1. The thirty-eight highest blessings 1.1 Self-control 1.2 A holy life 1.3 Discernment of the noble truths 1.4 Realization of Nibbāna 2. The Buddhist proverbs 2.1 Nitthisantiparamasukham (peace is the highest bliss) 2.2 Nibbānamparamamsukham (nibbana is the highest bliss) 3. The Tipitaka 3.1 Mahāsāropamasutta 4. Buddhist vocabularies 4.1 Right states 4.2 Wrong states	1. To know, understand and be able to describe meaning and value of the thirty-eight highest blessings 2. To be able to explain meaning of the given following Buddhist proverbs and apply them in daily life 3. To know, understand and be able to describe the main essence of Mahāsāropamasutta in the Tipitaka. 4. To be able to explain the chosen following Buddhist technical terms in the proper way.	1. Worksheet 2. Exercise 3. Discussion 4. Test 5. Assignment 6. Group working	5
3	<u>Mental and intellectual development</u> 1. Developing learning	1. To be able to develop learning process through the thinking way of critical reflection and apply it in daily	1. Observation 2. Exercise 3. Practice	2

	process through the thinking way of critical reflection (Yonisomanasikāra) in ten ways, studying the local intelligence in applying religious doctrines in daily life.	life. 2. To know, understand and be able to describe the local intelligence in applying religious doctrines in daily life in the right and proper way.	4. Test 5. Meditation	
4	<u>The history of male and female Buddhist disciples</u> The Example Buddhists: 1. Cūlasubbhaddā 2. Sumanamālākāra 3. Phradhammapitaka (P.A. Payutto) 4. AnāgārikaDhammapāla	1. To understand the history and virtues of male and female Buddhist disciples 2. To appreciate and bring Buddhist disciple's virtues to put into practice in daily life.	1. Worksheet 2. Exercise 3. Discussion 4. Assignment	2
5	<u>Buddhists' duties</u> 1. Protection of Buddhism of Buddhist assemblies in Thai society 2. Performing oneself to be a good member of family according to the rearward direction of the six directions 3. Entering a moral Buddha's child camp 4. Participating in the Buddhist rite and rituals 5. The Buddhist confirmation ceremony	1. To know, understand and analyze protection of Buddhism of Buddhist assemblies in Thai society 2. To know, understand and perform oneself to be a good member of family according to the rearward direction of the six directions in the right way. 3. Having received experiences and practiced Buddhist's duties from entering a moral Buddha's child camp 4. Properly perform and participate in the Buddhist rite and rituals 5. To be able to profess Buddhism on the Buddhist confirmation ceremony in the proper way. 6. To know, understand example Buddhist's history and virtue and apply them in daily life.	1. Worksheet 2. Exercise 3. Discussion 4. Practice 5. Test 6. Group working 7. Pāli recitation	5
6	<u>Buddhist important days</u> 1. Dharma and principles that are related to Buddhist important days 2. Principles and moral that are related to Dhammasavana day and different important festivals 3. The value, harvest and local intelligence on Buddhism, aiming to maintain religious images, statutes and religious places in one's local area.	1. To analyze principles and discuss the effect that is related to the Buddhist important days 2. To analyze principles and moral and discuss the effect that is related to Dhammasavana day and different important festivals 3. To analyze the value, harvest and local intelligence on Buddhism, aiming to maintain religious images, statutes and religious places in one's own local area.	1. Worksheet 2. Exercise 3. Discussion 4. Practice 5. Test 6. Assignment	2