

## Course Descriptions

Subject: Buddhism of Life	Code: Soc 33205	Level: M.6
Times: 1 period / week	20 periods / semester	Unit: 0.5
Content: Religion, Moral and Ethic	Standard: S 1.1 S 1.2 S 1.3	

This subject aims to study, to analyze, to practice, to create the holistic thinking, bringing the local intelligence, the state of life problem and environment to be a part of learning process. Therefore, the student will understand, realize and appreciate the values of the following matters:

**Buddha: the history and significance of Buddhism**, Buddhism is as a science of education, which emphasizes on the relation of causal condition and methodology to solve the problems, Buddhism teaches one to be careful, and it aims at creating the benefits, peace for people, society and the world. **Buddha's history**: to summarize and analyze the Buddha's history about management and maintain Buddhism, to analyze Lord Buddha as the supreme trained one, Buddhism and sustainable development. **Jātaka tales**: to study Mahājanakajātaka. **Buddhist important days**: to study and analyze the Dharma and principles, to discuss the effect on the Buddhist important days, Dhammasavana day and different important festivals, to study and analyze the value of local intellect on Buddhism, aiming to maintain religious images, statutes and religious places in one's local area.

**Dhamma**: to study **the Buddhist doctrines**, the student will study about the Triple Gem (to analyze the meaning and the value of the Sangha) the four noble truths: Dhukkha, suffering (the Dhamma that one should be acknowledged): the five aggregates of existence, a state of consciousness, mental states. Samudaya, the cause of suffering (the Dhamma that one should be eradicated): the law of Dhamma, the dependent origination, the five obstacles, the four attachments. Niroda, the cessation of suffering (the Dhamma that one should be attained): the supreme goal of Buddhism. Magga, the path leading to the end of suffering (the Dhamma that one should be cultivated): the three supremacies, the six virtues for fraternal living, the tenfold virtue of the king, the nine insight meditations and the thirty-eight highest blessings: self-control, a holy life, discernment of the noble truths and realization of Nibbāna. **The Buddhist proverbs**: Rājā mukham manussānam (a king is chief of the people) Sati lokasmi jāgaro (mindfulness keeps a person awake) Nitthi santiparam

sukham (peace is the highest bliss) Nibbānam paramam sukham (nibbana is the highest bliss) Paññā lokasmi pajjoto (wisdom is the brightest light in the world). **The Tipitaka:** to know how to study and research the Tipitaka, interesting statement from the Tipitaka, Mahāsāropamasutta. **Buddhist technical terms:** meditative attainment, fruit of attainment, extinction by attainment, right states and wrong states. **Mental and intellectual development:** chanting and radiation of loving-kindness with translation, the way and benefits of mental and intellectual development, to train and develop the mind and wisdom according to the foundation of mindfulness, to apply it and improve the quality of life and society, to develop learning process through the thinking way of critical reflection (Yonisomanasikāra) in ten ways, to study the local intelligence in applying religious doctrines in daily life.

**Sangha Order:** to study the history of male and female Buddhist followers e.g. Ven. Phra Ānanda, Phrapatacārātheri, Cūlasubbhaddā, Sumanamālākāra. **Example Buddhist** e.g. King Rama 4, Phrabodhiñānthera (Cā Subhaddo), Phradhammapitaka (P.A. Payutto), Anāgārika, Dhammapāla. **Buddhist's duties:** To analyze the role and duty of monks as Preacher, Buddhist missionary, Wandering Dhamma-preacher, Instructor, Meditation teacher and Developer. To analyze the roles and duties of male and female Buddhists in Thai society at the present day, to analyze how to protect of Buddhism in Thai society, performing oneself to be a good member of family according to the rearward direction of the six directions, entering a moral Buddha's child camp, participating in the Buddhist rite and rituals, the Buddhist confirmation ceremony. **Buddhist Etiquette and performance towards Buddhist monks:** To perform actions that is helpful to family, community, nation and the world, the appropriate actions towards monks in body, speech and mind. **Religious rite and rituals:** the student will study about meritorious action ceremony, donation ceremony and wholesome action ceremony, to analyze the value and benefit of religious ceremony. **Seminar on Buddhism, solution and development:** Buddhism and sustainable development.

The study aims to encourage the students to have firm faith in the Triple Gem and love to study Buddhist teachings, to perform themselves as good and moral Buddhists to live in the society and are able to apply the Buddhist doctrines as a tool in learning, working which will bring values to themselves and society in the whole.

## Units

Subject: Buddhism of Life

Code: Soc 33205      Level: M.6

Number of units: 6

Class periods / semester: 20

<b>unit</b>	<b>title</b>	<b>Number of class periods</b>
<b>1</b>	<b>The history and significance of Buddhism</b>	<b>3</b>
<b>2</b>	<b>The Buddhist doctrines</b>	<b>7</b>
<b>3</b>	<b>Mental and intellectual development</b>	<b>2</b>
<b>4</b>	<b>The history of male and female Buddhists</b>	<b>2</b>
<b>5</b>	<b>Buddhists' duties</b>	<b>4</b>
<b>6</b>	<b>Religious rites and rituals</b>	<b>2</b>

## The Demonstration School of Suansunandha Rajabhat University

### Teaching syllabus and assessment data

#### Fundamental Data

Subject and code:	Buddhism of Life 33205
Credits:	0.5
Department:	Social studies, religion and culture
Level:	M.6
Semester:	1
Teacher's name:	Aj. Sombat Utāwan

#### Course Description

To know, understand and realize significance of Buddhism is as a science of education, which focuses on the relation of cause and factor and the way to solve the problems. Buddhism teaches one to be careful and it aims at creating the benefits, peace for people, society and the world. Being able to analyze the meaning and value of the Triple Gem and realize the value of the Sangha, to know, understand and be able to describe Dhamma that is related to the four noble truths: the five aggregates of existence, a state of consciousness, mental states, the law of Dhamma, the dependent origination, the five obstacles, the four attachments, the supreme goal of Buddhism, the three supremacies, the six virtues for fraternal living, the tenfold virtue of the king and the nine insight meditations, being able to explain meaning of the given following Buddhist proverbs and apply them in daily life. To analyze, realize the importance and value of the Tipitaka, and be able to explain the given Buddhist vocabularies. To know, understand and be able to recite the chanting and radiation of loving-kindness with translation in the right way, to realize and appreciate the benefits of mental and intellectual development according to the foundation of mindfulness and apply it in daily life. To understand the history and virtues of male and female Buddhist disciples, to appreciate and bring Buddhist disciple's virtues to put into practice in daily life. To know, understand and analyze the role and duties of monks and male and female Buddhists in the right way, properly perform actions towards monks in body, speech and mind, to know, understand example Buddhist's history and virtue and apply them in daily life. To know, understand and be able to explain the meaning of meritorious action ceremony, donation ceremony and wholesome action ceremony in the proper way, to realize and appreciate the value and benefit of religious ceremony.

## Background Knowledge

The students have studied Lessons on Buddhism from Matthayom 1-5, as follows:

1. The history and importance of Buddhism
2. Lord Buddha's history, men and women Buddhist disciples and good Buddhists
3. Buddhist doctrines for life and society
4. Monks and suitable conduct to monks
5. The Pāli language, The Tipitaka, Buddhist proverbs and vocabularies
6. The duties of Buddhists
7. Mind and wisdom development
8. Buddhist etiquette, religious rites and rituals and the important days of Buddhism

## Expected Learning Outcome (s)

1. The student realize the significance of duties that the good Buddhist should perform towards the triple gem, study, search for knowledge and follow the doctrines, customs, rituals on the religious important days, propagate and protect one's own religion.
2. The student is able to apply the teaching in developing oneself, work for the benefit of society, environment in order to bring about peace and happiness.
3. The student has knowledge and understanding about the Buddhist doctrines in English and can instruct others.

## Topics and subject areas

1. The history and significance of Buddhism
2. Buddhist doctrines
3. Mental and intellectual development
4. The history of male and female Buddhists
5. Buddhists' duties
6. Religious rites and rituals

## Assessment and scoring

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|--|-----|
| 1. The assessment of expected learning outcomes before mid-term (Assignments/Exercises/Quiz/Test/Speaking/Listening/Writing) | 20  |
| 2. The assessment of expected learning outcomes after mid-term (Assignments/Exercises/Quiz/Test/Speaking/Listening/Writing)  | 20  |
| 3. Attendance / Behavior   | 10  |
| 4. Mid-term examination  | 20  |
| 5. Final examination   | 30  |
| 6. Total points  | 100 |

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Content: Religion, Moral and Ethic	Standard: S 1.1 S 1.2 S 1.3	

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**Dhamma**: to study **the Buddhist doctrines**, the student will study about the Triple Gem (to analyze the meaning and the value of the Sangha) the four noble truths: Dhukkha, suffering (the Dhamma that one should be acknowledged): the five aggregates of existence, a state of consciousness, mental states. Samudaya, the cause of suffering (the Dhamma that one should be eradicated): the law of Dhamma, the dependent origination, the five obstacles, the four attachments. Niroda, the cessation of suffering (the Dhamma that one should be attained): the supreme goal of Buddhism. Magga, the path leading to the end of suffering (the Dhamma that one should be cultivated): the three supremacies, the six virtues for fraternal living, the tenfold virtue of the king, the nine insight meditations and the thirty-eight highest blessings: self-control, a holy life, discernment of the noble truths and realization of Nibbāna. **The Buddhist proverbs**: Rājā mukham manussānam (a king is chief of the people) Sati lokasmi jāgaro (mindfulness keeps a person awake) Nitthi santiparam

sukham (peace is the highest bliss) Nibbānam paramam sukham (nibbana is the highest bliss) Paññā lokasmi pajjoto (wisdom is the brightest light in the world). **The Tipitaka:** to know how to study and research the Tipitaka, interesting statement from the Tipitaka, Mahāsāropamasutta. **Buddhist technical terms:** meditative attainment, fruit of attainment, extinction by attainment, right states and wrong states. **Mental and intellectual development:** chanting and radiation of loving-kindness with translation, the way and benefits of mental and intellectual development, to train and develop the mind and wisdom according to the foundation of mindfulness, to apply it and improve the quality of life and society, to develop learning process through the thinking way of critical reflection (Yonisomanasikāra) in ten ways, to study the local intelligence in applying religious doctrines in daily life.

**Sangha Order:** to study the history of male and female Buddhist followers e.g. Ven. Phra Ānanda, Phrapatacārātheri, Cūlasubbhaddā, Sumanamālākāra. **Example Buddhist** e.g. King Rama 4, Phrabodhiñāthera (Cā Subhaddo), Phradhammapitaka (P.A. Payutto), Anāgārika, Dhammapāla. **Buddhist's duties:** To analyze the role and duty of monks as Preacher, Buddhist missionary, Wandering Dhamma-preacher, Instructor, Meditation teacher and Developer. To analyze the roles and duties of male and female Buddhists in Thai society of the present day, to analyze how to protect of Buddhism in Thai society, performing oneself to be a good member of family according to the rearward direction of the six directions, entering a moral Buddha's child camp, participating in the Buddhist rite and rituals, the Buddhist confirmation ceremony. **Buddhist Etiquette and performance towards Buddhist monks:** To perform actions that is helpful to family, community, nation and the world, the appropriate actions towards monks in body, speech and mind. **Religious rite and rituals:** the student will study about meritorious action ceremony, donation ceremony and wholesome action ceremony, to analyze the value and benefit of religious ceremony. **Seminar on Buddhism, solution and development:** Buddhism and sustainable development.

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## Units

Subject: Buddhism of Life

Code: Soc 33205      Level: M.6

Number of units: 6

Class periods / semester: 20

<b>unit</b>	<b>title</b>	<b>Number of class periods</b>
<b>1</b>	<b>The history and significance of Buddhism</b>	<b>4</b>
<b>2</b>	<b>The Buddhist doctrines</b>	<b>5</b>
<b>3</b>	<b>Mental and intellectual development</b>	<b>2</b>
<b>4</b>	<b>The history of male and female Buddhists</b>	<b>2</b>
<b>5</b>	<b>Buddhists' duties</b>	<b>5</b>
<b>6</b>	<b>Buddhist important days</b>	<b>2</b>

## The Demonstration School of Suansunandha Rajabhat University

### Teaching syllabus and assessment data

#### Fundamental Data

Subject and code:	Buddhism of Life 33205
Credits:	0.5
Department:	Social studies, religion and culture
Level:	M.6
Semester:	2
Teacher's name:	Aj. Sombat Utāwan

#### Course Description

To understand, summarize and analyze the Buddha's history, Mahājanakajāṭaka which is referred to Lord Buddha's past life, the Buddha's history in management and maintaining Buddhism, Lord Buddha as the supremely trained one. Being able to discuss applying the Buddhist doctrines to solve the problems and social development viz. self-sufficiency economy and sustainable development and understand the history, structure and ultimate goal of life of various religions in the world e.g. Christ, Islam and Hindu. Being able to describe the meaning and value of the thirty-eight highest blessings, the meaning of the given following Buddhist proverbs and bring them to put into practice in daily life. Understanding the main essence of Mahāsāropamasutta in the Tipitaka, the chosen following Buddhist technical terms in the proper way, developing learning process through the thinking way of critical reflection and apply it in daily life. Being able to describe the local intelligence in applying religious doctrines in daily life in the right and proper way, understand the history and virtues of male and female Buddhist disciples, appreciate and apply Buddhist disciple's virtues in daily life. To understand and analyze protection of Buddhism of Buddhist assemblies in Thai society, performing oneself to be a good member of family according to the rearward direction of the six directions in the right way. Having received experiences and practiced Buddhist's duties from entering a moral Buddha's child camp, proper performance and participating in the Buddhist rite and rituals, being able to profess Buddhism on the Buddhist confirmation ceremony in the proper way, understanding example Buddhist's history and virtue and apply them in daily life. To analyze and discuss the effect that is related to the Buddhist important days, the principle and moral that are related to Dhammasavana day and different important festivals, the value, harvest and local intelligence on Buddhism, aiming to maintain religious images, statutes and religious places in one's own local area.

## Background Knowledge

The students have studied Lessons on Buddhism from Matthayom 1-5, as follows:

1. The history and importance of Buddhism
2. Lord Buddha's history, men and women Buddhist disciples and good Buddhists
3. Buddhist doctrines for life and society
4. Monks and suitable conduct to monks
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1. The student realize the significance of duties that the good Buddhist should perform towards the triple gem, study, search for knowledge and follow the doctrines, customs, rituals on the religious important days, propagate and protect one's own religion.
2. The student is able to apply the teaching in developing oneself, work for the benefit of society, environment in order to bring about peace and happiness.
3. The student has knowledge and understanding about the Buddhist doctrines in English and can instruct others.

## Topics and subject areas

1. The history and significance of Buddhism
2. Buddhist doctrines
3. Mental and intellectual development
4. The history of male and female Buddhist
5. Buddhists' duties
6. Buddhist important days

## Assessment and scoring

1. The assessment of expected learning outcomes before mid-term (Assignments/Exercises/Quiz/Test/Speaking/Listening/Writing)	20
2. The assessment of expected learning outcomes after mid-term (Assignments/Exercises/Quiz/Test/Speaking/Listening/Writing)	20
3. Attendance / Behavior	10
4. Mid-term examination	20
5. Final examination	30
6. Total points	100