

Course Descriptions

Subject: Buddhism 4

Fundamental Essence: Buddhism

Class: Matthayomsuksa 2

Times: 1 period per week

Code: Soc 22104

Level: 3

Credits: 0.5

20 periods per semester

This subject aims to study about the history and significance of Buddhism and the expansion of Buddhism into neighboring regions, the history of male and female Buddhist followers, The Jātaka tale and different important scriptures of Buddhism.

To study and put Dhamma into practice in daily life, the role and duties of Buddhist monks, performance oneself towards monks and appropriate actions in different occasions, practice and training oneself according to Buddhists' duties and the Buddhist confirmation ceremony, analyzing the important of Buddhist rituals and Buddhist important days, and participating in the Buddhist religious ceremony.

To study the meaning and benefit of training the mind, mental and intellectual development, to chant a particular mode of recitation with translation, to train and develop the mind and wisdom according to the four foundation of mindfulness focused on the mindfulness of breathing.

To be able to understand Buddhism in the right way, being able to realize and appreciate the value of the Triple Gem and Buddhist doctrines, to apply the Dhamma into practice in daily life, which will bring benefit and happiness to oneself and society, and properly perform oneself on Buddhist duty.

The study aims to encourage the students to have firm faith in the Triple Gem and love to study Buddhist teachings, to perform themselves as good and moral Buddhists to live in the society and are able to apply the Buddhist doctrines as a tool in learning, working which will bring values to themselves and society in the whole.

Units

Subject: Buddhism 4

Code: Soc 22104 **Level:** M. 2

Number of units: **9**

Class periods / semester: **20**

Unit	Title	Number of class periods
1	The history and significance of Buddhism	3
2	The Life of the Buddha, the history of male and female Buddhist followers and Jātaka tale	3
3	The Buddhist doctrines	2
4	Tipitaka, Pāli language and Buddhist proverbs	2
5	Buddhists' duties	2
6	Buddhist Etiquette and performance towards Buddhist monks	2
7	Mental and intellectual development	2
8	Religious rite and rituals	2
9	Buddhist important days	2
	Total	20

**Demonstration School of
Suansunandha Rajabhat University**

**Teaching Syllabus and Assessment Data
Subject: Buddhism 4**

Fundamental Data

Subject and Code:	Buddhism 4 Soc 22104
Credits:	0.5 per Semester
Department:	Social studies, religion and culture (English Program)
Level:	Matthayomsuksa 2
Semester:	Full Year Course
Teacher's Name:	Ajahn Sombat Utawan

Course Description

The students are able to realize, analyze and explain the history and significance of Buddhism, the Life of the Buddha, the history of male and female Buddhist followers and Jātaka tale, the Buddhist doctrines, Tipitaka, Pāli language and Buddhist proverbs, Buddhists' duties, Buddhist Etiquette and performance towards Buddhist monks, Mental and intellectual development, Religious rite and rituals, Buddhist important days.

This course will follow the pre-existing syllabus from M.2 at The Secondary Demonstration School of Suansunandha Rajabhat University, but the material is supplemented with Suttas from the Tipitaka. Material will explore the expansion of Buddhism into neighboring regions and the Suttas that helped convert civilizations to Buddhism. The lives of selected disciples are examined, as well as major doctrinal concepts in order to provide the students with a greater doctrinal foundation for future Buddhist studies.

Background Knowledge

Prior knowledge of the Buddha's life is beneficial to understanding this course. Higher concepts are examined, so previous doctrinal contents should be known, such as the different components of the Tipitaka, major doctrinal points: Triple Gems, Virtues of Buddha, Dhamma and Sangha, Four Noble Truths, Dependent Origination, Eightfold Noble Path, and the ancient Buddhist history of Thailand. This previous knowledge is necessary for the student to exercise their

knowledge and analytical ability; meanwhile the students have studied Lessons on Buddhism from Matthayom 1 as follows:

The history and significance of Buddhism, the Life of the Buddha, the history of male and female Buddhist followers and Jātaka tale, the Buddhist doctrines, Tipitaka, Pāli language and Buddhist proverbs, Buddhists' duties, Buddhist Etiquette and performance towards Buddhist monks, Mental and intellectual development, Religious rite and rituals, Buddhist important days.

Expected Learning Outcomes

The student realize the significance of duties that the good Buddhist should perform towards the triple gem, study, search for knowledge and follow the doctrines, customs, rituals on the religious important days, propagate and protect one's own religion. To be able to apply the teaching in developing oneself, work for the benefit of society, environment in order to bring about peace and happiness. The student has knowledge and understanding about the Buddhist doctrines in English and can instruct others.

In accordance with the Ministry of Education, *reading* is stressed in this class. The student is expected to detail the Four Noble Truths and Eightfold Noble Path, Dependent Origination, the Mirror of Dhamma, and components of the Triple Gem. Additionally, the students will *read and study* the Suttas from the Buddha that contributed to the spread of Buddhism across South/Southeast Asia.

Topics and Subject Areas

The history and significance of Buddhism, the Life of the Buddha, the history of male and female Buddhist followers and Jātaka tale, the Buddhist doctrines, Tipitaka, Pāli language and Buddhist proverbs, Buddhists' duties, Buddhist Etiquette and performance towards Buddhist monks, Mental and intellectual development, Religious rite and rituals, Buddhist important days, Suttas instrumental in converting local populations, Sariputta, Khema, Jivaka Komarabhacca, Queen Mallika, Buddhist Doctrines, Dependent Origination, Four Noble Truths, chapter excerpts from major Buddhist scholars: Rahula and Payutto.

Assessment and Scoring

Mid Term Assessment	20 points
Mid Term Exam	20 points
Final Term Assessment	20 points
Final Exam	20 points
Worksheet and others	10 points
Student Discipline	10 points
Total Points Possible:	100 points

Note: If a student is having difficulties with reading assignments, they should find a Thai version of the Tipitaka and study the relevant material from the appropriate text. Perhaps the student might have to travel to a temple or the Buddhist Library to read the Thai version of the Tipitaka. Be advised that my tests are in English, so the student must be able to convert his/her knowledge into English for testing purposes.



Buddhism Course outlines

Subject: Buddhism 4
Fundamental Essence: Buddhism
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Times: 1 period / week

Code: Soc 22104
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20 periods / semester

Unit	Topics / Contents	Expected learning outcome(s)	Assessment	Periods
1	<p>The history and significance of Buddhism</p> <p>1. The expansion of Buddhism into neighboring regions. 2. The significance of Buddhism that supporting international relations and comprehension. 3. The significance of Buddhism as the cultural foundation, identity and heritage of Thai nation.</p>	<p>1. The students are able to explain the expansion of Buddhism into neighboring regions. 2. The students are able to explain the significance of Buddhism that supporting international relations and comprehension and as the cultural foundation, identity and heritage of Thai nation.</p>	<p>1. Worksheets 2. Exercise 3. Discussion 4. Tests 5. Assignments</p>	3
2	<p>The Life of the Buddha, The history of male and female Buddhist followers and Jātaka tale</p> <p>1. The history of Lord Buddha - To summarize and realize the history of Buddha - The Struggle of Māra - The Great Enlightenment - Delivering Dhamma 2. The history of male and female Buddhist disciples - Ven. Sāriputta - Ven. Moggallāna - Khujjuttarā Theri - King Bimbisāra 3. Example Buddhist disciples - King Dhammarājālitai - Somdetphramahāsamanachao Kromphrayāvajiranānavaroros 4. The Jātaka tale - Mittavindukajātaka - Rājovādajātaka</p>	<p>1. The students are able to understand and summarize the life of the Lord Buddha and the history of male and female Buddhist disciples. 2. The students are able to explain about the virtues of example Buddhist disciples and understand the Jātaka story. 3. To realize the virtues of example male and female Buddhist followers and learn how to apply them in living a life.</p>	<p>1. Worksheets 2. Exercise 3. Discussion 4. Tests 5. Assignments 6. Group working 7. Video CD</p>	3
3	<p>The Buddhist Doctrine</p> <p>1. The Triple Gem - The Six Virtues of Dhamma 2. The Four Noble Truth 3. Prognostic of middle way</p>	<p>1. The students are able to summarize, understand and analyze the Triple Gem: the six virtues of Dhamma, the Four Noble Truth, prognostic of middle</p>	<p>1. Observation 2. Exercise 3. Practice 4. Tests 5. Group working</p>	2

	<p>4. The six directions</p> <p>5. The tenfold way of good action</p> <p>6. The four foundation of mindfulness</p> <p>7. The 38 highest blessings</p> <ul style="list-style-type: none"> - Righteous conduct - Abstaining from evils and avoiding them - Abstaining and abstinence from intoxicants <p>8. Buddhism on community development and organizing society.</p>	<p>way, the six directions, the tenfold way of good action, the four foundation of mindfulness, the 38 highest blessings: righteous conduct, abstaining from evils and avoiding them, abstaining and abstinence from intoxicants and Buddhism on community development and organizing society.</p>		
4	<p>Tipitaka, Pāli language and Buddhist proverbs</p> <p>1. Outline of the classification of the Tipitaka</p> <p>2. Interesting statements from the Tipitaka</p> <ul style="list-style-type: none"> - Culakammavibhangasutta <p>3. Pāli language and Buddhist technical terms</p> <p>4. Interesting Buddhist Proverbs</p>	<p>1. The students are able to read Pāli language correctly, explain the outline of the classification of the Tipitaka, interesting statements from the Tipitaka, Buddhist proverbs and Pāli terms of Buddhism.</p> <p>2. To understand and explain the principles of reading Pāli language.</p>	<p>1. Worksheets</p> <p>2. Exercise</p> <p>3. Discussion</p> <p>4. Tests</p> <p>5. Assignments</p> <p>6. Pāli recitation</p>	2
5	<p>Buddhists' duties</p> <p>1. Understanding the role of propagation Buddhism of Buddhist monk.</p> <p>2. Training one's role to take part in propagation Buddhism</p> <p>3. Being a good son or daughter according to the six directions.</p> <p>4. Participation in Buddhist religious ceremony</p> <p>5. Buddhist confirmation ceremony</p> <p>6. Buddhist child camping</p>	<p>1. To be able to perform the appropriate duties of Buddhists, classify the kind and role of Buddhist monks in society, realize training one's role to take part in propagation Buddhism, being a good son or daughter according to the six directions.</p> <p>2. Realize participation in Buddhist religious ceremony, Buddhist confirmation ceremony and Buddhist child camping.</p>	<p>1. Worksheets</p> <p>2. Exercise</p> <p>3. Discussion</p> <p>4. Practice</p> <p>5. Tests</p>	2
6	<p>Buddhist Etiquette and performance towards Buddhist monks</p> <p>1. Hospitality; Friendly welcome</p> <p>2. Manners for the guest</p> <p>3. Appropriate performance oneself towards Buddhist monks</p> <ul style="list-style-type: none"> - Standing - Sitting - Walking - Speaking - Offering <p>4. Dressing on auspicious and funeral ceremony at the temple.</p>	<p>1. To realize the appropriate performance oneself towards Buddhist monks, and dressing on auspicious and funeral ceremony at the temple.</p> <p>2. Explain the suitable conduct to monks, the valuable of important of monks and the method in practicing to monk properly.</p>	<p>1. Worksheets</p> <p>2. Exercise</p> <p>3. Discussion</p> <p>4. Tests</p> <p>5. Assignments</p> <p>6. Video CD</p>	2

7	<p>Mental and intellectual development</p> <ol style="list-style-type: none"> 1. Chanting and radiation of loving-kindness with translation 2. Knowing and understanding the way of practice and benefits of mental and intellectual development 3. Practicing the mind and cultivating wisdom according to the foundation of mindfulness focused on mindfulness of breathing 4. Applying the way of practice the mind and cultivating wisdom in every daily life. 5. Developing the process of learning through the thinking way of critical reflection: <ul style="list-style-type: none"> - Zeal for virtue or goodness - The relation of advantageous Dharma 	<ol style="list-style-type: none"> 1. To know, understand and be able to recite the chanting and radiation of loving-kindness with translation in the right way. 2. To realize and appreciate the benefits of mental and intellectual development according to the foundation of mindfulness and apply it in daily life. 3. To be able to explain the benefits of mental and intellectual development, practice for the mental stability, which leads the development of oneself and society according to the principle of critical reflection 	<ol style="list-style-type: none"> 1. Observation 2. Exercise 3. Practice 4. Tests 5. Meditation 	2
8	<p>Religious rite and rituals</p> <ol style="list-style-type: none"> 1. Performing meritorious action with offering food in alms-bowl. 2. Presenting food and offering things to monks. 3. Donating to the monks and offerings dedicated to the Sangha 4. The annual robe-presentation ceremony and hold a Forest-Robe Presentation Ceremony 5. To pour the water of dedication 	<ol style="list-style-type: none"> 1. To know, understand and be able to explain performing meritorious action with offering food in alms-bowl, presenting food and offering things to monks, donating to the monks and offerings dedicated to the Sangha, the annual robe-presentation ceremony and hold a Forest-Robe Presentation Ceremony, pouring the water of dedication 	<ol style="list-style-type: none"> 1. Observation 2. Exercise 3. Practice 4. Tests 5. Role play 	2
9	<p>Buddhist important days</p> <ol style="list-style-type: none"> 1. Principles on Buddhist Important Days that should be followed 2. Procedure of ceremony and self-performance on the Buddhist Lent, the end of the Rains-Retreat and Dhammasavana Day 	<ol style="list-style-type: none"> 1. The students are able to perform themselves properly on the important days in Buddhism and in the Buddhist important festivals. 2. Explain and discuss principles and procedures that are related to the Buddhist important days. 3. To analyze and realize the significance and value of the Buddhist Important Days. 	<ol style="list-style-type: none"> 1. Observation 2. Exercise 3. Practice 4. Tests 5. Group working 	2
	Total			20

