**Course Focus:** Students are to have the basic understanding of each topic at the end of the course. Interactive discussion during the class session combined with student preparation and review of reading material prior and post class session is advised in order to keep up with the pace of instruction.

**NOTE:** **Timely class attendance is taken seriously. Tardy or absent students should follow up on missed work promptly.**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **In Class Cumulative Score** | **Points** | **Total Points** |
| 1 | Class Attendance | 10 | 60 |
| 2 | Class Manners   * Pay attention * Inappropriate conduct such as playing on mobile phones, tablets, etc… will result in point(s) deduction.   **Note:** Mobile phones will be permitted for searches in accordance to specific assignment/class activities once announced at specific timepoint(s). | 10 |
| 3 | Presentation in groups:   * Individual scores for each student * Group Session – problem solving | 20 |
| 4 | Assignments:   * Concept Map and Mind Map * Unit Exercises | 20 |
|  | | | |
| 5 | Midterm | 20 | 40 |
| 6 | Final | 20 |
|  | **Passing Score** | **50 %** | |

|  |  |  |
| --- | --- | --- |
| **Topics Covered** | | **Details** |
| 1 | Unit 5 | Teenagers and Nutrition for Health Promotion |
| 2 | Unit 6 | Teenagers and Ways to Look After Their Weight |
|  | **Midterm Exam** | **Cover up to topics 1-2** |
| 3 | Unit 7 | First Aid Treatment and Safe Transfer of Patients |
| 4 | Unit 8  Unit 9 | * Dangers of Addictive Substances * Prevention From the Dangers of Addictive Substances |
|  | **Final Exam** | **Cover up to topics 3-4** |

**Reading and Study Material:**

1. Health and Physical Education Secondary 1 Textbook provided